

Fitness Boot Camp E-Book

WARNING: Before you waste anymore money on

over-priced, under-achieving fitness gadgets,

supplements and pills, read this life changing letter...

Dear Soon To Be Fitness Guru,

If you have had trouble getting in shape, even after using fitness products that promise results and personal trainers who are more worried about making a buck rather than helping you, then you are about to discover something that will change your outlook on life.

Hi, my name is Nicholas Wood, CPT and owner of Motivational Personal Training in San Antonio, TX.

I can't tell you how many clients have come to me over the years, nearly without hope, because they feel as though they have tried everything to get in shape and none of it has worked for them.

I don't have any amazing answers for them, or magic pills to give them, but I do give them a guarantee: "If you do what I tell you to and you are consistent with your workouts, then I will get you results."

My message is the same to you today. If you are ready to look better and you are willing to put in hard work, then I can get you the results you have been striving to achieve.

I know that life can seem difficult and that getting in shape seems like it is a million miles away, but if you can just get started, the results will be here before you know it.

The process won't be easy, but if you work hard and you follow the blue print that is laid out for you in Nicholas Wood's Fitness Boot Camp Workouts, you will get results fast!

With Nicholas Wood's Fitness Boot Camp Workouts you will be given exact workouts that will allow you to:

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Tone Your Stomach, Arms and Thighs

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Reduce the fat on your body

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Look Younger

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Be More Confident

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Feel Better

All in only 3 1hr workouts a week!

Here is a glimpse of what you will receive with your purchase of Nicholas Wood's Fitness Boot Camp Workouts:

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12 Workouts laid out in an easy to understand and easy to follow format.

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Directions on exactly how to warm up before each workout.

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The confidence that the workout you are doing will produce results.

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Confidence that the exercises you are doing are correct.

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The ability to complete workouts in your backyard or in the local park.

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Access to my direct cell phone line, so that if you need help or further instruction regarding a workout, you can get it directly from the author's lips.

This isn't just another workout book. This is a proven plan, that I have seen change the lives of my clients and I know it can change your life as well.

Working out in my boot camps here at MPT can cost up to \$175 for 4 weeks. When I put together a 4 week workout for my clients to do on their own at home, the cost is \$150.

The cost of \$24.99 will save you over \$125 and you will be able to workout when your schedule allows, not just when MPT has a boot camp.

When you purchase Nicholas Wood's Fitness Boot Camp Workouts, you will immediately receive your copy of the e-book via a download link. You won't have to wait days for your book to ship, so that you can get started on your Fitness Boot Camp. Purchase the book now and start your workout in 3 minutes!

